

### BREAKFAST

07h00 - 12h00

|    | FRESH FRUIT & GRANOLA V Greek style yoghurt, seasonal fresh fruit, orange & honey granola, fruit coulis, coconut flakes, dried cranberry, pumpkin seeds & nuts  | R95  |
|----|---|------|
|    | Sugar free & Gluten free substitutes available at an additional cost  |      |
| •• | SMOOTHIE BOWL Vigur.  Pineapple, banana, coconut milk & mint smoothie, passionfruit coulis, fresh berries, coconut flakes, granola, poppy seeds & nuts  | R105 |
|    | Sugar free & Gluten free substitutes available at an additional cost  |      |
|    | BIRCHER MUESLI GLASS V Homemade Bircher Muesli with freshly grated apple, winter fruit compote, pecan nuts, honey & cinnamon  | R90  |
|    | Sugar free & Gluten free substitutes available at an additional cost  |      |
|    | SMASHED AVO ON TOAST $\sqrt[7]{}$ Choice of rye, white or brown toast, avo cream, roasted pesto tomatoes, balsamic glazed mushrooms, poached egg & crumbled feta  | R95  |
| 40 | HOOKED MINI BREAKFAST Fried, eggs, crispy bacon, roasted pesto tomatoes served with your selection of bread/toast on the side   | R85  |
|    | HOOKED FULL BREAKFAST Fried eggs, crispy bacon, beef sausage lolly OR spicy lamb sausage, balsamic glazed mushrooms, roasted pesto tomatoes & hash browns served with your selection of bread/toast on the side   | R135 |
|    | HASHBROWN BENEDICT  Hashbrown, wilted baby spinach, hickory ham, poached egg, lemon hollandaise sauce, parmesan, lemon & herb sprinkle  | R95  |
|    | Substitute for Salmon at an additional cost   |      |
| ,  | FRENCH TOAST CROISSANT Croissant fried in creamy cinnamon egg custard, melted camembert cheese, crispy bacon, winter fruit compote, pecan nut sprinkle, whipped mascarpone, honey, maple, OR golden syrup drizzle | R145 |
|    | Croissant fried in creamy cinnamon egg custard, whipped mascarpone, berry coulis, fresh berries, honey, maple, or golden syrup drizzle  | R105 |
|    | SPICY CREAMY CHICKEN LIVERS  Spicy creamy peri-peri chicken livers, poached or fried egg, parmesan lemon & herb sprinkle served with your selection of bread/toast on the side                                    | R190 |



## BREAKFAST 07h00 -12h00

#### OMELETTE

Three egg omelets served with your selection of bread/toast on the side

| LASAGNE OMELETTE Bolognaise mince, cheddar & mozzarella cheese, topped with a cheese sauce, parmesan, lemon & herb sprinkle  | R135 |
|--|------|
| CAPRESE OMELETTE ♥ Roasted basil pesto tomatoes, mozzarella, kalamata olives   | R115 |
| CROQUE MONSIEUR OMELETTE  Mustard mayo, ham & cheese topped with a cheese sauce, parmesan, lemon & herb sprinkle   | R110 |
| BUILD YOUR OWN OMELETTE Whole egg base or white & yolk only base Refer to list of extras:)   | R50  |
| SMOKED SALMON BAGEL Lightly toasted bagel, mustard mayo, wilted greens, smoked salmon trout OR Parma ham, fried egg, red onion, gherkin, caper & parsley salsa, chive cream cheese, lemon hollandaise          | R155 |
| SMOKED SALMON BROWN MUSHROOM Grilled & marinated brown mushroom, mustard mayo, wilted greens, smoked salmon trout, fried egg, red onion, gherkin, caper & parsley salsa, chive cream cheese, lemon hollandaise | R145 |
| SHAKSHUKA V <sup>*</sup> Chunky harissa spiced tomato ratatouille (peppers zucchini & eggplant) with chickpeas, poached or fried egg, cumin & mint yoghurt served with naan bread on the side                  | R155 |
| EXTRAS   |      |
| Chillies   Fruit Coulis  | R10  |
| Toast (white, brown, ciabatta, sourdough, low GI, rye)   Roasted Pesto Tomatoes  <br>Egg (fried, poached, scrambled)   Avo Cream/Fresh Avo   | R15  |
| Kalamata Olives   Balsamic Glazed Mushrooms   Winter Fruit Compote   | R20  |
| Hash Brown   Crispy Bacon   Cheese (Cheddar, Mozzarella, Feta, Camembert, Parmesan,<br>Mascarpone, Cream Cheese, Halloumi   Yogurt/ Fresh cream   Lemon Hollandaise  | R25  |
| Crispy Macon   Beef Sausage Lolly   Bolognaise Mince   | R30  |
| Condiments (Butter & Confiture)  | R35  |
| Salami, Parma Ham   Biltong  | R40  |
| Spicy Lamb Sausage   Grilled Chicken Breast / Steak  | R45  |
| Fresh Fruit Plate/Salad  | R50  |

Smoked Salmon Trout

R70



## SANDWICHES, WRAPS & BURGERS

| TOASTED CAJUN CHICKEN QUESADILLA C WRAP Grilled Cajun chicken, veggie mayo, mozzarella toasted between two tortilla v with avo cream & truffled parmesan chips OR side salad     |                                 |
|--|---------------------------------|
| TOASTED SIRACHA PREGO PITTA Grilled Prego steak, greens, marinated tomato, gherkins, pickled red onion, ch siracha mayo served with truffled parmesan chips OR side salad        | R165                            |
| TOASTED OPEN BBQ PULLED PORK ON SOURDOUGH OR WRAP BBQ pulled pork, mozzarella, marinated tomatoes, gherkins, coleslaw, mustard served with truffled parmesan chips OR side salad | R165                            |
| BOERIE BEEF BURGER  Grilled beef sausage lolly, burger bun, mustard mayo, camembert, monkeyglar rocket served with truffled parmesan chips OR side salad                         | R185                            |
| BURGER Smash beef burger (200g), Swiss cheese, truffled mayo, crispy onions served of parmesan chips OR side salad   | R140                            |
| GOURMET HOT DOG  Hotdog bun, German sausage, sweet mustard, sauerkraut, truffled mayo servewedges OR side salad  | R125                            |
| BILTONG, GORGONZOLA & FIG WRAP Biltong, rocket, gorgonzola cream cheese, truffled mayo & green fig compote, truffled parmesan chips OR side salad                                | R125<br>served with             |
| BILTONG, AVO CREAM, FETA & PEPPADEW Biltong, rocket, avo cream, feta cheese, siracha mayo & peppadew, served wir parmesan chips OR side salad                                    |                                 |
| TOASTED SANDWICHES Classic cheese Ham & cheese Ham, cheese & tomato Chicken veggie mayo & cheese Bacon, egg & cheese Served on your selection of bread                           | R75<br>R80<br>R85<br>R92<br>R99 |



#### SIDES

| Truffled Parmesan Chips         | R60 |
|---------------------------------|-----|
| Hand Cut Potato Chips           | R60 |
| Roasted Vegetables              | R65 |
| Side Salad                      | R70 |
| Sweet Potato Mash               | R45 |
| Potato Croquettes (serving 3ea) | R50 |

### SALADS

#### ARTICHOKE SALAD Y

(House Side Salad) Artichokes grilled and marinated, greens, rocket, parmesan shavings, toasted pine nuts, lemon, mustard & mint vinaigrette served with a garlic toasted flat bread

Add Parma ham at an additional cost

#### PEAR SALAD V

Pears, greens, rocket, gorgonzola, pecan nut brittle, balsamic vinaigrette served with a toasted garlic bruschetta

Add Biltong at an additional cost

#### CHUNKY GREEK SALAD

Chunky salad of cucumber, cherry tomatoes, red onion & kalamata olives topped with a Danish feta cheese slice, sherry vinaigrette served with a garlic toasted flat bread bruschetta

Add Smoked Salmon at an additional cost

#### CAJUN CHICKEN GREEK STYLE SALAD

Grilled Cajun chicken breast on a chunky salad of cucumber, cherry tomatoes, red onion, kalamata olives & feta cheese slice, sherry vinaigrette served with a toasted garlic bruschetta

#### ROASTED SEASONAL VEGETABLE SALAD

Roasted butternut, beetroot & artichoke on hummus, rocket, chevin, pumpkin seeds & sherry vinaigrette served with toasted garlic bruschetta

Add Grilled Chicken Breast / Steak at an additional cost

SIDE R70 MAIN R120

TABLE R160

SIDE R75 MAIN R120

TABLE R165

SIDE R70

MAIN R120

TABLE R160

SIDE R75 MAIN R135

TABLE R225

SIDE R65 MAIN R115

TABLE R155



### MAINS

| SOUP OF THE DAY  Served with a toasted cheddar & mozzarella cheese & caramelized onion sandwich  Served on your selection of bread   | R85  |            |
|--|------|------------|
| PASTA  Creamy peri-peri prawn pasta topped with garden peas, lemon, chilli & coriander pesto, parmesan sprinkle  | R225 |            |
| FISH Battered hake, truffled parmesan chips, pickled cucumber, fennel, radish & carrot salad, tartare sauce, lemon wedge   | R155 |            |
| PIE    Home-made red wine & rosemary oxtail ragout pie served with truffled parmesan chips OR sweet potato mash & a roasted vegetable side salad   | R205 |            |
| SNACK BASKET Crumbed chicken strips, sweet chilli coriander glaze, panko prawns, siracha mayo, beef samoosas, Mrs. Balls chutney, tomato mozzarella balls, pesto mayo, cocktail cheese grillers, sweet mustard served with truffled parmesan chips Contains Nuts | R195 |            |
| BEEF Black pepper & soya grilled Rump (300g), duo of monkeygland and creamy peppercorn sauce served with crumbed mushrooms, onion rings and truffled parmesan chips OR a side of your choice   | R215 |            |
| VECETABLES CURRY Vojun. Tomato & coconut tikka masala sauce with lentils, chickpeas, roasted vegetables & tofu accompanied by sambals (tomato & pickled red onion, cucumber yoghurt, chutney & a crispy poppadum)  | R175 |            |
| CHICKEN  Crumbed chicken served with a creamy lemon & sage sauce, sweet potato mash, tender stem broccoli & roasted tomatoes   | R145 |            |
| VEGETABLE BAKE Fennel, pea & aubergine parmigiana bake served with a side salad of your choice   | R195 |            |
| $\label{eq:pork} \mbox{PORK}$ Giant soya pulled pork springrolls, sesame, chunky pineapple salsa, siracha mayo served with truffled parmesan chips OR side salad   | R155 | - Contract |
| POKE BOWL  Black pepper & sesame segred tung OR rump steak, quinog, pickled carrots, bell peppers.   | R160 |            |

ginger

Black pepper & sesame seared tuna OR rump steak, quinoa, pickled carrots, bell peppers, fennel, radish & cucumber, avo cream, wasabi mayo, coriander soya sauce, & pickled



### KID'S BREAKFAST & LUNCH

| Yogurt & fruit salad   | R35 |
|--|-----|
| Scrambled egg on toast served with cheese grillers           | R40 |
| Toasted ham & cheese served with chips                       | R50 |
| Crumbed chicken strips served with chips                     | R60 |
| Crumbed fish cakes served with chips                         | R60 |
| Vanilla ice cream, butterscotch or chocolate or fruit coulis | R30 |

### BAKERY

(served all day)

Fresh selection of baked goods

Cake of the day

Quiches

Muffins, scones, croissants, bagels, pastries

Whole bread selection

Brownies, sweet tartlets

Biscuits & other sweet treats

Please ask your waiter



## HOT DRINKS

|                                 | S  | M  | L  |
|---------------------------------|----|----|----|
| ESPRESSO                        | 20 | 25 |    |
| CORTADO                         | 28 | 30 |    |
| FLAT WHITE                      | 33 |    |    |
| AMERICANO                       | 25 | 30 | 35 |
| CAPPUCCINO                      | 32 | 36 | 42 |
| LATTE                           | 32 | 36 | 42 |
| CHAI LATTE                      | 35 | 40 | 45 |
| RED CAPPUCCINO                  | 32 | 36 | 42 |
| HOT CHOCOLATE                   | 35 | 40 | 45 |
| MOCHA                           | 40 | 45 | 50 |
| RED VELVET LATTE                | 35 | 40 | 45 |
| Selection of teas               | 20 | 23 | 29 |
| Bottom Less Filter Coffee / Tea |    | 50 |    |
| Pour Over (300ml)               |    | 40 |    |

## EXTRAS

| FLAVOURS          | 7  |
|-------------------|----|
| ESPRESSO SHOT     | 10 |
| DECAF             | 8  |
| CREAM             | 7  |
| MILK ALTERNATIVES | 10 |
| MUESLI            | 10 |
| WHEY PROTEIN      | 15 |
| DODA              | 10 |



## COOL OFF

Crème based, blended with ice, flavoured syrup and optionally topped with whipped cream.

| BUTTERSCOTCH   | 40 |
|--|----|
| CHOCOLATE  | 40 |
| CHAI   | 40 |
| Make it dirty and add an espresso shot ;)            |    |
|  |    |
| ICED COFFEE  | 40 |
| FLAVOURED ICED COFFEE                                | 45 |
| ICED MOCHA   | 45 |
|  |    |
| SLUSH IT UP  | 40 |
| A refreshing blend of your favourite flavours        |    |
| MANGO   STRAWBERRY   PASSION FRUIT   LEMONADE & MINT |    |
|  |    |

## BUBBLE TEA

40

VARIOUS BOBA + ICED TEA

Ask barista for available flavors



# SMOOTHIES

| BERRYLICIOUS  Banana, Black Berries, Strawberries,  Blueberries, Yogurt, Honey & Milk | 55 |
|---|----|
| PEANUT BUTTER DELIGHT  Banana, Cocoa, Peanut Butter,  Yogurt, Honey                   | 55 |
| CITRUS BURST<br>Orange juice, Mango juice, Chia<br>Seeds, Collagen, Honey             | 55 |
| GREEN POWER  Spinach, Mint, Apple, Cucumber, Apple Juice, Chia Seeds                  | 55 |
| LOW CARB Strawberries, Almond Milk, Yoghurt, Blueberries                              | 55 |